

Updates

We are almost there! We anticipate being fully moved into the new expansion of the Fitness Center by May 14! We are targeting the week of May 9th to do some major rearranging and installing of new and existing fitness equipment. Additionally, there will be interior work being conducted to the existing fitness space. During this time there will be some equipment unavailable during some days and times. We would like to provide you with the following schedule to outline the daily impacts we believe will occur during this week:



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| Sunday, May 9 | No major impact. Some interior preparation work may occur later in the Day (removal of windows to new space, some moving of equipment). |
| Monday, May 10 | Much of the existing fitness space will be closed. Much of the cardio equipment will be relocated to the new space for use and the Cybex strength equipment will be temporarily located in the lobby area. There will be no Fitlinxx access on the strength equipment and we will have fewer treadmills available. |
| Tuesday, May 11 | Much of the existing fitness space will be closed. Much of the cardio equipment will be relocated to the new space for use and the Cybex strength equipment will be temporarily located in the lobby area. There will be no Fitlinxx access on the strength equipment and we will have fewer treadmills available. The modular cable cross equipment and some free weights may be unavailable for a period during these days as well. |
| Wednesday, May 12 | The existing fitness space will be reopening late in the afternoon. Cybex strength equipment will be unavailable for much of the day as we move it into its final location in the Fitness Center. |
| Thursday, May 13 | All equipment will be available. Fitlinxx may not be available on all equipment. |
| Friday, May 14 | All equipment will be available. Fitlinxx may not be available on all equipment. |



We really appreciate your patience during this project. We would also like to encourage anyone that has the flexibility in their schedule to avoid the busy evening hours between 6pm and 9pm Monday through Thursday, especially during this week of May 9th.

Tell Us What You Think

While we anticipate some impacts during construction, the staff at the CRC is committed to mitigating these impacts as much as possible. Let us know how we are doing, by filling out a comment card, talking to our staff, or emailing us at chris.ghione@mhcrc.com. We really feel the final project will be "worth the weight".